

Cosmetic Journey

DO's and DONT's

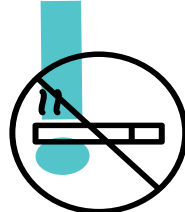
Bring your ID with you.



Use cleaning aids such as mouth wash, floss, and any others.



Inform your dentist if you are taking any medicine.



Refrain from smoking, as tobacco has a negative impact on oral health.



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These guidelines have been prepared by Dr Izbel Aksit, an independent, board-certified dentist. Please be aware that clinical recommendations may vary between patients and dentists. Your dentist will provide personalised instructions during your consultation appointment.

Personal Care

DO's and DONT's

No alcohol 1 day before the procedure.



Your dentist will give you a prescription, please follow the medication plan carefully.



Try to not use your implanted side while eating or chewing for minimum 3 months.

You can eat or drink 2 hours after the procedure.



Carefully eat hard food such as nuts, candies, and ice to avoid breaking or damaging.



Expect some hot/cold sensitivity following your procedure.



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Maintenance

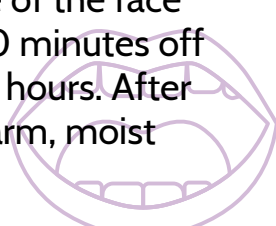
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Some bleeding or redness in the saliva is normal for 24 hours. Excessive bleeding (your mouth fills up rapidly with blood) can be controlled by biting on a gauze pad placed directly on the bleeding wound for 30 minutes.



You should not drink alcoholic beverages for 48 hours after the procedure.

Swelling is the body's normal reaction to surgery and healing. The swelling will not become apparent until 24 hours after surgery and will not reach its peak for 2-3 days. After this time, the swelling should decrease but may persist for 7-10 days. Swelling may be minimized by the immediate use of ice packs. Apply the ice packs to the outside of the face 20 minutes on and then 20 minutes off while awake for the first 24 hours. After 48 hours, begin use of a warm, moist compress to the cheek.



Be Patient!



Normal healing after the procedure should be as follows:

The first two days after surgery are generally the most uncomfortable and there is usually some swelling.

On the third day you should be more comfortable, although still swollen; do not worry. It is the part of healing process.

We will be following your case for one year and schedule your second visit together!

Please do not hesitate to make an aftercare enquiry!

Take Care!



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