

Cosmetic Journey

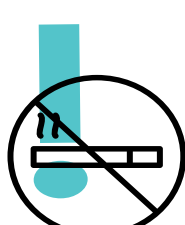
DO's and DONT's

Bring your ID with you.



Inform your dentist if you are taking any medicine.

Use cleaning aids such as mouth wash, floss, and any others.



Refrain from smoking, as tobacco has a negative impact on oral health.

These guidelines have been prepared by Dr Izbel Aksit, an independent, board-certified dentist. Please be aware that clinical recommendations may vary between patients and dentists. Your dentist will provide personalised instructions during your consultation appointment.

Personal Care

DO's and DONT's

No alcohol 1 day before the procedure.



There will be a temporary filling on the tooth before the permanent one is placed. Please do not bite hard with your temporary filling.

After the permanent filling is applied, please chew carefully on the opposite side of your mouth.

Carefully eat hard food such as nuts, candies, and ice to avoid breaking or damaging.



Your dentist will give you a prescription, please follow the medication plan carefully.



You can eat or drink 2 hours after the procedure.



Expect some hot/cold sensitivity following your procedure.



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Maintenance

DO's and DONT's

The numbness on the area will last for a few hours after the procedure. You should be careful as you may bite your tongue, lips and cheeks without realizing it.



You should not drink alcoholic beverages for 48 hours after the procedure.



Be Patient!



Normal healing after the procedure is very smooth.

The first two days after procedure are generally a little uncomfortable since we have never experienced with any complications.

Please do not hesitate to make an aftercare enquiry for any questions.

Take Care!



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